

**Commonwealth of Virginia  
Health Benefits Program**

**Monthly Premiums for Extended Coverage (COBRA) Participants  
Effective July 1, 2009 – June 30, 2010**

<b>Health Care Plans</b>	<b>You Only</b>	<b>You Plus One</b>	<b>You Plus Two or More</b>
<b>COVA HDHP - High Deductible Health Plan</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$397	\$735	\$1,075
<i>Total Premium – 29 months</i>	\$584	\$1082	\$1,581
<b>COVA Care/COVA Connect* (with basic dental)</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$495	\$916	\$1,339
<i>Total Premium – 29 months</i>	\$728	\$1,347	\$1,970
<b>COVA Care/COVA Connect Plus Out-of-Network</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$507	\$932	\$1,361
<i>Total Premium – 29 months</i>	\$746	\$1,371	\$2,001
<b>COVA Care/COVA Connect Plus Expanded Dental</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$510	\$946	\$1,383
<i>Total Premium – 29 months</i>	<b>\$750</b>	\$1,391	\$2,034
<b>COVA Care/COVA Connect Plus Out-of-Network &amp; Expanded Dental</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$521	\$961	\$1,404
<i>Total Premium – 29 months</i>	\$767	\$1,413	\$2,064
<b>COVA Care/COVA Connect Plus Expanded Dental Plus Vision &amp; Hearing</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$520	\$965	\$1,409
<i>Total Premium – 29 months</i>	\$765	\$1,419	\$2,072
<b>COVA Care/COVA Connect Plus Out-of-Network Plus Expanded Dental Plus Vision &amp; Hearing</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$531	\$979	\$1,428
<i>Total Premium – 29 months</i>	\$782	\$1,440	\$2,100
<b>Kaiser Permanente HMO – available in Fredericksburg area and Northern Virginia</b>			
<i>Total Premium – 18 &amp; 36 months</i>	\$488	<b>\$900</b>	\$1,313
<i>Total Premium – 29 months</i>	\$717	<b>\$1,323</b>	\$1,931

\*COVA Connect is for members in designated Hampton Roads zip codes