

# “State Safe” Training 2010

Community Emergency Response Team Training for Virginia State Employees



“State Safe” is the highly informative Community Emergency Response Team training program for Commonwealth of Virginia employees. It teaches personal preparedness and emergency response Virginia state employees can use at work and at home.

Upon completion of this Department of Homeland Security program, participants are encouraged to become involved in a local CERT program, or begin one in their own agencies. They can keep their backpacks at work, knowing they are more prepared.

The eight modules are scheduled to accommodate busy schedules. The program culminates with a final exercise to practice the skills learned in class, along with graduation that includes a Certificate of Completion and CERT backpack filled with emergency supplies. Class modules are available for download at [www.citizencorps.gov/cert/training\\_downloads.shtm](http://www.citizencorps.gov/cert/training_downloads.shtm), CERT Participant Manual.

**This training does not replace the required state Terrorism training.**

## ADVANCED REGISTRATION IS REQUIRED

**State ID required.**

**Cost:** Free; seating is limited

**Location:** Monroe Building - 101 N. 14th Street, Conference room C

**Registration:** Daily class registration begins at 7:30 a.m.

**Parking:** E-mail requests for parking passes to Lisa K. Perry [lisa.perry@vdem.virginia.gov](mailto:lisa.perry@vdem.virginia.gov) in advance. Parking passes will not be available on class day.

**Lunch on your own**

Please contact Lisa K. Perry with any questions.

Citizen Corp/CERT Training and Outreach Coordinator

Office (804) 897-6500 x 6595

Mobile (804) 263-4763

[lisa.perry@vdem.virginia.gov](mailto:lisa.perry@vdem.virginia.gov)

**Participants must complete all eight modules at their own convenience (schedule below).  
Each module is 2.5 hours in length.**

Monday 09/13/2010

08:00 – 10:30	CERT Organization
<b>10:30 – 10:45</b>	<b>Break</b>
10:45 – 13:15	Medical Operations Part 1
<b>13:15 – 14:00</b>	<b>Lunch</b>
14:00 – 16:30	Light Search & Rescue Operations

Tuesday 09/14/2010

08:00 – 10:30	Fire Safety
<b>10:30 – 10:45</b>	<b>Break</b>
10:45 – 13:15	Terrorism and CERT
<b>13:15 – 14:00</b>	<b>Lunch</b>
14:00 – 16:30	Disaster Preparedness

Thursday 09/16/2010

08:00 – 10:30	Medical Operations Part 2
<b>10:30 – 10:45</b>	<b>Break</b>
10:45 – 13:15	Disaster Psychology
<b>13:15 – 14:00</b>	<b>Lunch</b>
14:00 – 16:30	Disaster Preparedness

Friday 09/17/2010

08:00 – 10:30	Light Search & Rescue Operations
<b>10:30 – 10:45</b>	<b>Break</b>
10:45 – 13:15	Medical Operations Part 1
<b>13:15 – 14:00</b>	<b>Lunch</b>
14:00 – 16:30	Medical Operations Part 2

Monday 09/20/2010

08:00 – 10:30	Fire Safety
<b>10:30 – 10:45</b>	<b>Break</b>
10:45 – 13:15	Disaster Psychology
<b>13:15 – 14:00</b>	<b>Lunch</b>
14:00 – 16:30	Terrorism and CERT

Tuesday 09/21/2010

08:00 – 10:30	CERT Organization
<b>10:30 – 10:45</b>	<b>Break</b>
10:45 – 13:15	Make up classes missed
<b>13:15 – 14:00</b>	<b>Lunch</b>
14:00 – 16:30	Make up classes missed

Wednesday 09/22/2010

09:00 – 12:00	Final Drill/Exercise – everyone participates
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